

West Mountain Regional Health Alliance (WMRHA) is a backbone non-direct service organization serving Eagle, Garfield, and Pitkin counties, focused on building an integrated health system that supports optimal health for all residents through collaboration, expanded access to care, and a focus on social needs. One of the Alliance's key initiatives is the Mountain Coalition for Food and Nutrition Security (MCFNS), a regional network convened by WMRHA that embraces food and nutrition security as a human right and prioritizes accessibility, equity, cultural responsiveness, and locally driven solutions.



Initiatives

Mountain Coalition for Food and Nutrition Security (MCFNS)

Organization Name	Contact	Donate	Volunteer	Food Drive	QR Code for Donations
Aspen Community Foundation	Valerie Carlin, valerie@aspencommunityfoundation.org	Donate to provide funds to a local food organization.	N/A	N/A	
Eagle Valley Community Foundation (The Community Market)	Yulisa Almaraz, yulisa@eaglevalleycf.org	Donate to support food purchasing.	Volunteer at food distributions. (Contact Yulisa)	Host food drives (760 Lindbergh Dr, Gypsum)	
Food Bank of the Rockies	Food Bank of the Rockies, ahenning@foodbankrockies.org	Donate to support the hunger relief network.	Volunteer with partner organizations.	N/A	
Harvest for Hunger (Pitkin County)	Gray Warr, gwarr@harvestforhungerco.org	Financial support to sustain food purchasing.	At local pantries (contact Gray).	Food Drop Off: Aspen Pantry - 405 Castle Creek Rd, Aspen	
LIFT-UP	volunteer@liftup.org	Donate to purchase food and cover crisis costs.	Volunteer at pantries or a warehouse.	Food drop off: 100 Midland Ave, Unit 270, Glenwood Springs, CO 81601	
UpRoot Colorado	Rita Mary Hennigan, rita@uprootcolorado.org , lindsay@uprootcolorado.org	Donate to support food redistribution capacity.	Volunteer at gleaning events.	N/A	
Valley Meals and More	Mary Kenyon, Executive Director, mary@valleymealsandmore.com	Donate to fund home-delivered meals.	Volunteer to deliver meals (contact Mary).	Donate Food For Senior Distribution. Call Mary 970-274-2632 for Drop Off locations in Carbondale & Glenwood Springs	
West Mountain Regional Health Alliance (MCFNS)	Namrata Shrestha, Health Access Consultant nshrestha@westmountainhealthalliance.org	Donate to support local food system - Mountain Coalition for Food and Nutrition Security (MCFNS)	N/A	N/A	